

Living Lent | Day 18 | Station Five of the Cross

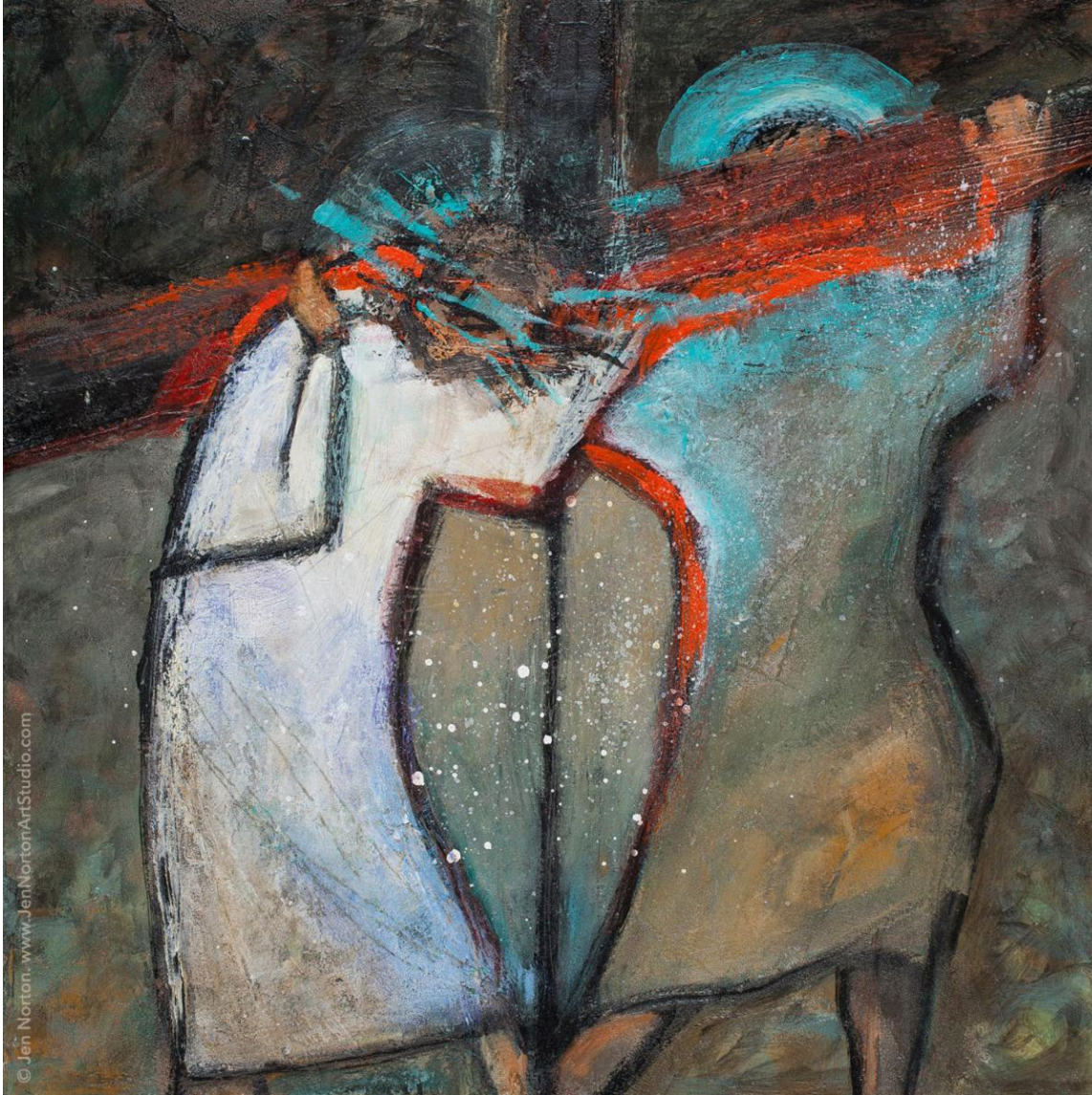
## Jesus Meets Simon of Cyrene

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*And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus.*

***Luke 23:26 RSV***

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## Encouragement for the Lenten Journey:

Take a moment to think of someone in your life that is carrying a heavy cross right now. Write their name on the back of your cross and say a prayer for them. If you feel called, send them a text to tell them you are praying for them and maybe ask how you can better support them in this time.

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## Prayer

Lord, crosses are heavy, and we struggle to carry them alone. If You needed help, how much more will we? Give us the courage to accept help and to reach out in times of need. We were not made to walk this journey alone. Remind us of the blessing it is to be a Simon for someone in need and help us be grateful for the Simons in our lives.

Amen

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*It takes a lot of everything to **create home and healing** for the*

*foster children, our neighbors, served at Morningstar Children's Home.*

**We invite you to join others in giving \$1 per day during Lent to help support the needs of the children.**

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