

Living Lent | March 9

## Consider What You Take Delight In

---

*Happy are they who have not walked in the counsel of the wicked,  
nor lingered in the way of sinners,  
nor sat in the seats of the scornful!  
Their delight is in the law of the Lord,  
and they meditate on His law day and night.  
They are like trees planted by streams of water,  
bearing fruit in due season, with leaves that do not wither;  
everything they do shall prosper.  
It is not so with the wicked;  
they are like chaff which the wind blows away.  
Therefore the wicked shall not stand upright when judgment comes,  
nor the sinner in the council of the righteous.  
For the Lord knows the way of the righteous,  
but the way of the wicked is doomed.*

**Psalm 1 (NRSV)**

---

### Encouragement for the Lenten Journey:

Have you ever stopped to consider what you take delight in? I take delight in my grandchildren, in a beautiful sunny day with a cool breeze blowing. There are perhaps many things in which one could take delight.

In Psalm One, we'll look at what happens when we take delight in God's word. In this case, taking delight means to focus on, look at, and dwell upon. We read that those who do not walk in the counsel of the wicked or linger in the way of sinners but take delight in the law of the Lord are happy. The wicked here are those who seek independence from God. They would rather do things their own way and

exclude God from their lives. They have a human perspective of life and live according to the world's standard. For a season this way may seem prosperous and successful. Yet, Psalm One reveals to us that those who live this way become chaff that is blown away by the wind. A Christian's life is lived in the exact opposite manner. Instead of being independent from God; we are dependent upon Him for our lives and seek to do things God's way. We learn the importance of God's word and Psalm One tells us happy are those who delight in and meditate on God's law.

Meditating, focusing our hearts on God's word strengthens us and sustains us. As we renew our minds daily in God's word our roots go down deep and we take in life-giving, life-changing water. Happy are those who lean into God's way of doing and living out our lives. Proverbs 3:5-6 tells us "Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths". We will always find the right direction for our lives through prayer and meditation upon God's word.

The tree in Psalm One is a picture of a Christian's life as we delight and meditate in the Law of the Lord. We are planted firm. Our roots begin to go down deep. We bear fruit that does not wither or fade away. We want to be the tree not the chaff that is blown away. During this season of Lent may we respond to the beauty of God's word and be transformed more into the image of Christ by the renewal of our minds (Rom. 12:2). It is in this manner that we shall prosper and be successful.

---

### ***Contributor and Contributing Body of Christ***

Rev. Tammy Fincher, pastors Daisy/Hagan UMC in Claxton Ga. She has one daughter, Amanda, son-in-law, Charlie and two grandchildren, Tucker and Tanslie. Tucker is a sixth grader at South Tattnall Middle School. Tanslie is a pre-k student at South Tattnall Elementary School. Tammy enjoys anything nature; hiking, kayaking, mountains and the beach. She also enjoys photography. Her home is Glennville, Ga.

---

*It takes a lot of everything to **create home and healing** for the foster children, our neighbors, served at Morningstar Children's Home.*

***We invite you to join others in giving \$1 per day during Lent to help support the needs of the children.***

**Donate Now**

---

**Day of Service/Stations of the Cross**

## Sign Up For Our Daily Devotionals



## Discover Morningstar Children & Family Services

[Learn More](#)

a sanctuary where **transformative** teaching and **healing** affirms  
our **children** through **real relationships**

Primary Mailing Address  
P.O. Box 370  
Brunswick, GA 31521

Brunswick Counseling Center  
220 Santo Domingo Drive  
Brunswick, GA 31525

Perry Counseling Center  
402 Courtney Hodges Blvd, Ste 201  
Perry, GA 31069

Morningstar Residential Campus  
1 Youth Estate Drive  
Brunswick, GA 31525

[morningstarcfs.org](http://morningstarcfs.org) | [@morningstarcfs](https://www.facebook.com/morningstarcfs)  



Morning Star CFS | 1 Youth Estate Drive, Brunswick, GA 31525, Brunswick, GA 31525

[Unsubscribe lcrawford@morningstarcfs.org](mailto:lcrawford@morningstarcfs.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [livinglent@morningstarcfs.org](mailto:livinglent@morningstarcfs.org) in collaboration  
with



Try email marketing for free today!