

pray . fast . give .



Living Lent | Day 14

Bring Life

"I don't have a sense of needing anything personally. I've learned by now to be quite content whatever my circumstances. I'm just as happy with little as with much, with much as with little. I've found the recipe for being happy whether full or hungry, hands full or hands empty. Whatever I have, wherever I am, I can make it through anything in the One who makes me who I am. "

Philippians 4:12-14 MSG

Encouragement for the Lenten Journey:

Are we content with what God has given us or all we always wanting more? We teach our children to be content with what they have been given and yet as adults we crave more. How can we be content in a world where we are told that contentment can only be achieved when we get more, have more, accomplish more, do more. Sometimes I think we busy ourselves in order to gain more, find acceptance among peers, land a better position, and gain riches of all kinds. Perhaps we live under the illusion that having such riches is what makes a person complete, content, and happy. Yet, when we discover that's not the case, we're left feeling empty and discontent.

We can learn from the Apostle Paul's words in Philippians. The source of contentment is trusting that God Himself meets our needs. The secret is knowing that God is enough.

Paul wrote this scripture while imprisoned, facing an uncertain outcome. Release was possible; death was likely. Yet two main themes of Philippians are joy and contentment in Christ. Paul wrote a letter filled with

encouragement and thanksgiving while in chains and tucked into the heart of his message, he offered a powerful praise to the source of all this joy—Jesus Christ. Wrongly accused and in a position most of us would find hopeless, Paul still pointed to Christ as his sufficiency—not to his circumstances, comfort, or security. May we, like Paul, find our sufficiency in Jesus Christ, and find the strength to do all things in him, and him alone.

Pray this prayer with me: God, Help us not confuse our strength with yours. Thank you that when we are weak, it is the best place to be, because then we see that You are strong. Fill us with Your peace so that we may be truly content in Your blessings. Amen.

Challenge to Prayer and the Exercise of the Privilege of Generosity

As you pray and sacrifice throughout this Lenten Journey, will you take this opportunity to pay forward in generosity a gift of at least \$1 per day throughout the 40 days for the Children of Morningstar? It is a privilege and a blessing to give as we all look forward to Easter and the Resurrection.

[Donate Now](#)

Contributor

Laura Kitchens, St. Simons Island, has just celebrated her first anniversary as the Executive Assistant at Morningstar. She is the wife of Parker and the mother of two adorable birth children of her own, but has adopted every one of the children of Morningstar and treats them as her own! Laura and her family are active members of the First Baptist Church of St. Simons Island and have the opportunity to enjoy ministering to others there as well.

[Download The Living Lent Calendar](#)

Sign Up For Our Daily Devotionals





Discover Morningstar Children & Family Services

Learn More

a sanctuary where **transformative** teaching and **healing** affirms
our **children** through **real relationships**

Primary Mailing Address
P.O. Box 370
Brunswick, GA 31521

Brunswick Counseling Center
220 Santo Domingo Drive
Brunswick, GA 31525

Perry Counseling Center
402 Courtney Hodges Blvd, Ste 201
Perry, GA 31069

Morningstar Residential Campus
1 Youth Estate Drive
Brunswick, GA 31525

morningstarcfs.org | [@morningstarcfs](https://www.facebook.com/morningstarcfs)  



Morning Star CFS | 1 Youth Estate Drive, Brunswick, GA 31525, Brunswick, GA 31525

[Unsubscribe |ljohnson@morningstarcfs.org](mailto:ljohnson@morningstarcfs.org)

[Update Profile](#) | [Customer Contact Data Notice](#)

Sent by livinglent@morningstarcfs.org powered by



Try email marketing for free today!