

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			FEBRUARY 17	18	19	20
			Read Lent 101 Visit: morningstarcfs.org	Begin daily prayer for the Children of Morningstar	Commit in writing your Living Lent 2021 fast/ sacrifice and share it with an accountability partner	Listen to Christian music, quiet your mind, focus on the peace of the moments
21	22	23	24	25	26	27
SABBATH	Pray specifically for your Church Community	Start a box to maintain during Lent where you put can/dry products for a local food bank	Sacrifice the time to write a child at Morningstar and remind them that they can always depend on God	Ask whomever you speak to today at least 3 questions about themselves to show your interest in their lives	Increase your overall giving in 2021 to becoming more generous	Write Exodus 20:8-11 down and contemplate its meaning throughout the day
28	MARCH 1	2	3	4	5	6
SABBATH	Pray specifically for Seniors who remain isolated during this pandemic	Restore your soul and mind by reading aloud Psalm 51 in at least 3 different versions	Fast from your technology at some extended period of time and spend that time in prayers of gratitude	Look for the very best in people and say Thank You to everyone you come into contact with today	Be generous with your time and call someone you have not spoken to in a while but have been thinking of	Seek out at least 3 Bible verses that speak of Rest. Contemplate how your Sabbath could be influenced
7	8	9	10	11	12	13
SABBATH	Be a Superhero by praying specifically with someone today via phone, in person, or in a card	Consider a relationship that might benefit from work towards reconciliation and restoration	Take the time to thank those who are involved in ministry or non profit work	Pray for peace in our World, State, Community & Family by name	Practice generosity to your mail carrier or the store clerk by providing them with a baked item	Consider cleaning out some clutter today and donating any excess blankets to a homeless shelter
14	15	16	17	18	19	20
SABBATH	Pray specifically that the Children of Morningstar experience Unexpected Joy today	Today is a "No Complaining" day. Take the opportunity to express gratitude not complaining	Sacrifice your own preference/choice for someone else's	Participate in your own prayer walk throughout every room in your home	Express generosity by being generous with your words and pay someone a compliment	The Lenten Journey moves on Campus! Join with others for a Day of Service on the Campus of Morningstar!
21	22	23	24	25	26	27
SABBATH	Pray for the Board, Administration, and Staff of Morningstar	Help restore the world by going outside and picking up any litter that you see	Like Horton the Elephant, take a walk outside today and enjoy the creation of God	Practice gratitude by making a list of at least 3 things that you are grateful for this day	Practice generosity by leaving an extra tip or pay forward/backward for someone	Kneel and pray The Lord's Prayer, contemplating the meaning of each word
28	29	30	31	APRIL 1	2	3
SABBATH	Pray a prayer of Thanksgiving aloud to thank God for allowing us to Journey towards the Resurrection	Be bold by sharing your Lenten Journey experience with someone today	Contemplate and offer prayers for boldness in living your witness for Jesus	As we celebrate Maundy Thursday pray a blessing aloud and remember the last supper that was held during this Holy Week	On Good Friday, spend a few moments at noon in silence in honor of the death of Jesus on the cross	Go outside and dig a bit of dirt in preparation for the celebration of the Resurrection of Jesus Christ
4	Morningstar Children and Family Services, Inc. P.O. Box 370 Brunswick, GA 31521					
EASTER: Celebrate the Resurrection of Jesus Christ				morningstarcfs.org  		